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EL POLO NORTE - THE NORTH POLE



Focus word: Navidad - Christmas (nah-bee-dahd)

Christmas is here ~ Navidad ya llegó

This session's song

1 Christmas, Christmas time is here,
Navidad, Navidad ya llegó,
Christmas, Christmas,
Navidad, Navidad,
Ho, ho, ho, jo, jo, jo, jo, jo

3 Let's pull, pull, pull a cracker,
Tira, la sorpresa navideña.
Pull a cracker, tira la sorpresa,
Christmas, Christmas, Navidad

5 Let's open, open, open presents,
Abre, abre, los regalos,
Open up the presents,
Abre los regalos,
Christmas, Christmas, Navidad

2 Let's hang, hang, hang our stocking up,
Cuelga, cuelga, cuelga el calcetín,
Hang up your stocking, cuelga el calcetín,
Christmas, Christmas, Navidad

4 Let's eat, eat, eat a Christmas feast,
Come, come la cena navideña,
Eat a Christmas feast, come la cena navideña,
Christmas, Christmas, Navidad

6 Oh, Christmas, Christmas time is here,
Navidad, Navidad ya llegó,
With peace and joy,
Con paz y alegría,
Merry Christmas, Feliz Navidad.

Actions

Suggested actions and movement



Wave arms from side to side along with the rhythm of the song.



Hang up an imaginary stocking and wave arms on the last line of verse.



Pull an imaginary cracker and wave arms on the last line of verse.



Eat a pretend Christmas feast and wave arms on the last line of verse.



Open lots of imaginary presents and wave arms on the last line of verse.



Finish the song by repeating the arm waving from the first verse and enjoy getting in the festive spirit!

Suggested adaptations

0-6mths

Either perform the actions for baby or gently move their arms to mimic the movements of the verses.

6 mths - 1 yr

Perform the actions with lots of exaggerated movement and encourage baby to copy your actions.

4



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Why not try...

El Roscón de Reyes



In Spain, this is a very popular sweet bread is served on the day of the Epiphany (6th January). Traditionally, this is day when children receive their gifts from Los tres Reyes Magos ~ The Three Kings and it's a big day!

El roscón has a hidden figure inside and a bean! If you get the figure, you get to wear a crown and un rey, but if you get the bean, you have to pay for the roscón next year!

El roscón isn't something you can easily find in the UK, but you could make mini roscones by slicing ring donuts in half and piping cream in between the top and bottom, then decorating with some pieces of candied fruit, or jelly sweet. Dust with icing sugar and you have your own mini roscones!

EYFS Curriculum links

Areas of Learning

Communication & Language

Physical Development

Literacy

Understanding the World

Expressive Arts and Design

Resources required:
Space for movement

Observation Opportunities



Copy gestures and words making connections to vocabulary and actions.

Use large and small muscle movements to perform actions in song ie waving arms and making smaller hand movements.

Develop phonological awareness anticipating words in song.

Understand that Christmas is a Christian celebration that is celebrated in lots of different countries around the world.

Anticipate phrases and actions in songs when hearing repeated phrases ie - Christmas, Christmas, Navidad