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LA GRANJA - THE FARM

Focus word: una vaca (oo-nah bah-kah)



This session's song

Lola the Cow ~ La Vaca Lola

La vaca Lola,
 La vaca Lola,
 Tiene cabeza y tiene cola
 La vaca Lola,
 La vaca Lola,
 Tiene cabeza y tiene cola

Y hace moooooo, mooooo!
 Moo, moo, moo, moo, moo,
 Moo, moo, moo, moo, moo
 Moo, moo, moo, moo, moo,
 Moo, moo, moo, moo, moo

Lola the cow,
 Lola the cow,
 She has a head and she has a tail
 Lola the cow,
 Lola the cow,
 She has a head and she has a tail

And she goes moooooo, mooooo!
 Moo, moo, moo, moo, moo,
 Moo, moo, moo, moo, moo
 Moo, moo, moo, moo, moo,
 Moo, moo, moo, moo, moo

Actions

Suggested actions and movement



Start by making cow horns with hands on either side of the head



Tap your head on the words 'tiene cabeza' & 'she has a head'



Either put hands on hips and wiggle, or make a tail action with arm on words 'tiene cola' & 'she has a tail'.



Make cow horns again and moo around just like La Vaca Lola!

Suggested adaptations

0-1yr

Perform the actions to baby tapping their head and their bottom on the head and tail words. You could either rock baby along to the song or sit them on your knee to bounce and enjoy the rhythm.

As the actions to this song are really simple, older babies and toddlers should get to grips with copying you after watching the song a few times. Encourage a really big moooo at the end so they can show off their vocals!

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Why not try...

Cowpat!

~
¡La caca de la vaca!

Equipment: Milk or Dark Chocolate, Cereal and anything else you want to add!

Enjoy a sweet and very silly treat by making your very own caca de la vaca! Gently melt some chocolate either on the stove, or very gently in the microwave, taking care of course to supervise little ones at all times.

Take off the heat and stir in your chosen cereal and whatever else you want to add to make it more realistic! Rasins, peanut butter, cut up jelly sweets anything goes really!

Spoon out dollops of the mixture and place on a greaseproof paper lined tray and place in the fridge to set.

These will set quite hard, so if you'd prefer a softer mixture, use half butter and half golden syrup of the weight of your chocolate. So for 200g of chocolate, use 100g butter and 100g of golden syrup. Add these ingredients to the mixture during the melting process.

EYFS Curriculum links

Areas of Learning

Communication & Language

Physical Development

Literacy

Understanding the World

Expressive Arts and Design

Resources required:
None

Observation Opportunities



Use relevant vocabulary in both languages for a cow - head ~ cabeza, tail ~ cola and moo!

Develop manipulation and control when performing a series of actions.

Say some of the words in songs & rhymes - La Vaca Lola, Lola the cow etc.

Understand some of the key characteristics of a cow and what food we get from them.

Anticipate phrases and actions in songs when hearing repeated phrases ie - and she goes / y hace...mooooo!

