



# MUNDO HELADO - FROZEN WORLD



This lesson's  
song

## In the winter ~ En el invierno (To the tune of Happy and you know it)

In the winter it gets very very cold - Brrrrr! (x2)  
In the winter it get very very icy icy cold  
In the winter it gets very very cold - Brrrrr!

In the winter ice spreads all around - Freeze! (x2)  
In the winter ice spreads and freezes all around  
In the winter ice spreads all around - Freeze!

In the winter snow falls to the ground - Fall! (x2)  
In the winter snow falls all the way down to the ground  
In the winter snow falls to the ground - Fall! (x2)

Now it's winter let's do all three  
Brrrr, freeze, fall (x2)  
Now it's winter there's fun for you and for me,  
Now it's winter let's do all three  
Brrrr, freeze, fall

En invierno hace mucho frio - ¡Brrrrr! (x2)  
En invierno hace frio, fresquito y helado,  
En invierno hace mucho frio - ¡Brrrrr!

En invierno hay hielo por todos lados - ¡Quieto! (x2)  
En invierno hay hielo por todos lados  
En invierno hay hielo por todos lados - ¡Quieto

En invierno cae la nieve al suelo - ¡Cae! (x2)  
En invierno cae la nieve hacía el suelo  
En invierno cae la nieve al suelo - ¡Cae!

Es invierno hagamos los tres  
Brrr, quieto, cae - (x2)  
El invierno es divertido para tí y yo también  
Es invierno hagamos los tres  
Brrr, quieto, cae

standing

## Suggested actions & movement

... NB: We sing the whole song first in English and then in Spanish -  
Actions are exactly the same in both languages.

Start by showing a cold action by crossing hands across the chest and rubbing arms on the word 'Brrr!'

Next, move arms out to the side to show ice spreading then freeze in position on the words 'Freeze!' and ¡Quieto!

Then, make a big snow falling action with arms from up high to down low on 'Fall!' and ¡Cae!

Repeat all three actions quickly in the faster verses at the end of both sections.

## Suggested adaptations

Babies

- Get up and moving with baby, first, hold them close and do a little shiver
- Next, walk them around the room and freeze
- Then, gently lift them up and down.
- Speed up these actions in the faster verses of each section.



# MUNDO HELADO - FROZEN WORLD



Focus word: winter - el invierno (ehl ihn-byehr-noh)

EYFS  
Curriculum  
links



Areas of  
Learning

Communication &  
Language

Personal, Social &  
Emotional Development

Physical Development

Understanding the  
World

Expressive Arts and  
Design

Resources required:  
None

Integrate it by:

Using this song in a PE session too,  
either as a warm up, or focused dance  
lesson.



Observation Opportunities

Listen & respond to a simple  
instruction by copying actions  
and words in song

Show an ability to follow  
instructions involving several  
ideas or actions

Use large muscle movements to  
copy actions

Understand some important  
processes in the natural world -  
seasons & weather

Anticipate phrases and actions in  
songs by performing all three  
actions in close succession



Why not try...  
Winter sensory  
mark making tray

Equipment: Fine white salt, silver/white glitter, tray, natural  
mark making tools - sticks, pinecones

In a tray - wide enough for child to write a full word in big  
writing - pour a thick layer of the salt and mix in the glitter to  
look like sparkly snow!

Allow children to make marks using natural tools for a seasonal  
feel.

Sharpened, but not too sharp of course, sticks would be lovely  
for this. or even thin pinecones which are chunky and great for  
small hands.

For older children, they could write the focus word for the  
week and even practise the rest of the words the Spanish  
words they have learned too!

