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MUNDO HELADO - FROZEN WORLD



For activities marked with:

Refer to session in dashboard for accompanying bilingual resource

Focus word: cold - el frío (ehl free-oh)

El frío sensory tuff tray/bin



Choose a filler - coloured rice, artificial snow, cotton balls, sparkly sand, white stones, white pompoms, water beads - appropriate to age
Add 'cold ~ frío' items - polar animals, snowflakes, snowmen, plastic ice cubes, laminated cards with cold items, pinecones, sparkly tinsel etc
Add scoops, cups, plastic tweezers and let the little ones enjoy exploring!



Frío role play area



Choose a space in the setting with enough room for a small table and chairs - you could set it up like a cosy Alpine chalet, or icy cool igloo!

Equipment suggestions:

- Clothing for cold weather - hats, gloves, mittens, scarves, jackets, wellies.
- Artificial fire - Cardboard ones can be bought easily online, large logs and orange, red, yellow cellophane, picture on wall of role play area.
- 'Hot chocolate' station - Plastic mugs, brown tissue paper, cotton ball 'marshmallows', plastic candy canes.
- Blankets - for getting cosy!
- Travel brochures for cold destinations - Ski holidays, Scandinavian cruises, Northern lights experiences
- Lighting - LED candles, battery operated fairy lights, plastic bottles with fairy lights inside.



El frío y el calor ~ Hot & Cold Scavenger Hunt



This is a great opportunity for older children to practice the focus word and could team up with a younger member of the group to encourage them too. Depending on numbers in your setting, this activity could be out in small groups or as a whole group.

Print cards and place in envelopes around the setting or home. Have an area marked out to put the cards once the children have decided 'Frío' or 'Calor'.

Once activity is complete display within the setting to further reinforce the focus word and theme.



Baby sensory warm and cold bottles



Equipment: Empty, clean bottles (Easily available online - 300ml capacity is a good size for babies), hot and cold water ensuring safe temp for babies to touch on outside of bottle, food colouring (optional)

Fill bottles with hot and cold water from the tap, add ice cubes to some if you want to vary the temperatures and add food dye if you like. Make sure lids are tightly closed so no liquid can leak out. Ensure that temperature of bottles is safe to touch for little hands, but enough to sense a difference. Let babies have an explore of the temperature using hands and mouths on the outside of the bottles making sure they are supported and supervised at all times.

