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# EL POLO NORTE - THE NORTH POLE

Focus word: un duende - an elf (oon dwehn-deh)



Perfect for parachute!

This session's song

## 5 Little Elves ~ Cinco Duendes

Five little elves on Santa's sleigh,  
Cinco duendes en el trineo,  
With a HO HO HO,  
Con un JO JO JO,  
One fell out, uno se cayó,

Repeat verse x 4 for 4, 3, 2, 1  
elves

No little elves, ni un duende,  
Santa's very sad, Papá Noel está triste,  
They all climb up again, todos suben otra vez,  
The five little elves, los cinco duendes,

Santa and his elves are on the sleigh,  
En el trineo, Papá Noel y sus duendes,  
Off they fly, se van volando,  
Felices fiestas,  
Happy Holidays one and all

Actions

### Suggested actions and movement



Start with 5 fingers showing on one hand and putting one finger down to show the 'fallen elf'.



Repeat action from 4 fingers to zero to show no elves.



Make a sad face like Santa and then bring all five fingers back up again.



Move hand from side to side in final verse to show a happy Santa and his elves.

### Suggested adaptations

0-1yr

Either cradle, or gently bounce on knee along to the song with emphasised movement when each elf falls off. Fly them up in the sky for the final voice to enjoy a sleigh ride with Santa and his elves!

Preschool Group

Make an area for the 'sleigh' then choose 5 'elves' and a Santa out of the group. Enjoy performing the song with one 'elf' falling out at a time. Alternatively, use a parachute and 5 'elf' teddies to bounce off the sleigh one by one then put them all back in the final verse!

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EYFS  
Curriculum  
links

Why not try...

Elf on the Shelf

El duende en el estante

## Areas of Learning

Communication & Language

Personal, Social & Emotional Development

Physical Development

Numeracy

Expressive Arts and Design

Resources required:

Parachute (optional)

Elf teddies (optional)

Observation Opportunities



Copy gestures and words in song, one falls off, Santa is sad, Happy Holidays.

Show an ability to follow instructions involving several ideas or actions

Use small muscle movements in hands to perform actions and count down numbers

Take part in finger rhymes with numbers

Make rhythmical and repetitive sounds and listen with increased attention.

All you need is an elf and some creativity for this one.

Each day, place the elf in different locations and situations around the home or setting.

Use the question 'Where is the elf today? ~ ¿Donde está el duende hoy?'

If you want to boost the Spanish and don't speak it yourself, why not look up the location translation online together! Start with the word 'está ~ it/he/she is' and follow with the location.

For example: He is in the bathroom ~ Está en el baño.

