

2



EL POLO NORTE - THE NORTH POLE



Focus word: un trineo - a sleigh (oon tree-neh-oh)

This session's song

Cascabeles ~ Jingle Bells

1 Dashing through the snow, in a one horse open sleigh
Over fields we go, laughing all the way,
Bells on bob tail ring, making spirits bright,
What fun it is to ride and sing a sleighing song tonight

Jingle bells, jingle bells,
Jingle all the way
Oh what fun it is to ride in a one horse open sleigh HEY
Jingle bells, jingle bells,
Jingle all the way
Oh what fun it is to ride in a one horse open sleigh

2 Volando por la nieve, en el trineo,
Por los campos riéndonos, todo el camino,
Las campanas suenan, con mucha emoción
Ay que alegría es cantar esta canción,

Cascabeles, cascabeles, llega Navidad
En el trineo de Papa Noel, qué
felicidad, ¡Ay!
Cascabeles, cascabeles, llega Navidad
En el trineo de Papa Noel, que felicidad

3 Christmas time is here, with happy family
Celebrating Christmas Eve, at home is where we'll be
Christmas time is here, with happy family
Celebrating Christmas Eve, at home is where we'll be

Jingle Bells Chorus repeat

4 Ha llegado Navidad, la familia alegre está
Celebrando Nochebuena, en la paz del santo hogar
Ha llegado Navidad, la familia alegre está
Celebrando Nochebuena, en la paz del santo hogar

Cascabeles Chorus repeat



Jingle Bells, Cascabeles llega Navidad,
With family, con familia, what joy que alegría
Jingle Bells, Cascabeles llega Navidad,
With family, con familia, what joy que alegría

Suggested actions and movement

- During V1 & V2 - Take a ride around the room on an imaginary sleigh moving around in a circle and stop in one spot for the choruses.
- During V3 & 4 - Sit down on the floor in a circle and sway along to the music.
- Choruses - Perform each one standing if you like and ringing your cascabeles!

Suggested adaptations

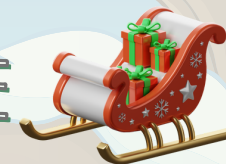
0-1yr Make use of some safe jingle bells with baby and enjoy shaking them along to the rhythm of the song,

Active movers Enjoy leading little ones in performing the suggested actions by moving around during the verses and staying in one spot for the choruses jingle their cascabeles at the same time.

2



EL POLO NORTE - THE NORTH POLE



Focus word: un trineo - a sleigh (oon tree-neh-oh)

Why not try...

Sleigh Ride

Paseo en trineo

Use a large bedsheet, blanket or even a big cardboard box and have one or two children sit in it.

Gently pull them along as you take the role of el reno ~ the reindeer.

You could even put some wrapped 'gifts' in so they can deliver them around the room.

EYFS Curriculum links

Areas of Learning

Communication & Language

Personal, Social & Emotional Development

Physical Development

Literacy

Expressive Arts and Design

Resources required:
Jingle bell instruments

Observation Opportunities



Listen & respond to a simple instruction by following movements at correct time.

Give focused attention demonstrating ability to follow instruction

Negotiate space when moving within a group and designated area.

Join in with songs and rhymes, copying sounds, rhythms, tunes and tempo.

Make rhythmical and repetitive sounds and listen with increased attention.

