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This session's song



# LA ARBOLEDA - THE WOOD

Focus word: a tree - un árbol (oon ahr-bohl)



## I'm a tree ~ Soy un árbol

**1** Soy un árbol  
I'm a tree  
Mira, mira  
Look at me

Soy un árbol  
I'm a tree  
Alto, tall  
Look at me

**2** Tengo ramas  
I have branches  
Son muy largas  
They're very, very long

Tengo un tronco  
I have a trunk  
Es muy fuerte  
It's very, very strong

**3** Tengo hojas,  
I have leaves,  
Muchas, muchas  
So many

Soy un árbol,  
I'm a tree,  
Mira, Mira,  
Look at me.

Actions

### Suggested actions and movement



Start standing up with arms by sides point to yourself on the words 'Mira ~ Look'.



Reach hands and fingers up high to make a tall tree. Repeat 'Look' action.



Point to trunk of body then make strong action with arms.



Slowly reach arms out to the sides to make ramas ~ branches and lean to each side to demonstrate length.



Keep arms outstretched and open hands wide to show leaves.



Open and close hands to show 'muchas ~ so many.'



Repeat start of VI to finish making yourself into a tall tree ~ un árbol muy alto.



### Suggested adaptations

0-6 mths

With baby sat in a bouncer, or laid down, enjoy performing actions to them making lots of emphasised movements.

6 mths - 1 yr

Perform the actions for baby and encourage them to make the movements themselves, lifting their arms up to be a tree!

1



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Why not try...

Nature Rubbings

~

Calcos de la Naturaleza

Equipment: Paper & Wax crayons

- 1 Take the children outside and model how to take a tree rubbing using paper and a wax crayon against the trunk ~ el tronco of a tree.
- 2 Take rubbings of sticks and leaves too on separate pieces of paper.
- 3 When back in the setting or at home, look together at the rubbings, which one is 'el tronco'? What about 'las ramas' and 'las hojas'?

This is a perfect opportunity to reinforce the árbol vocabulary for this week.

EYFS Curriculum links

## Areas of Learning

Communication & Language

Personal, Social & Emotional Development

Physical Development

Understanding the World

Expressive Arts and Design

Resources required:  
Space for movement

## Observation Opportunities



Copy gestures and words ie - ¡Mira! ~ Look! & árbol ~ tree.

Show an ability to follow instructions involving several ideas or actions

Use large muscle movements to copy actions

Understand key features of a tree - size, trunk, branches, leaves

Enjoy & take part in action songs

