

5

This session's song



LA ARBOLEDA - THE WOOD



Focus word: a nut ~ una nuez (oo-nah nwehth)

Crazy Nut! ~ ¡La Nuez Loca!

0

Crazy, crazy nut ~ La nuez loca
Rolling around on the ground
Rodando por la tierra
(Repeat after each verse)

1

Small and hard,
Small and hard,
Pequeña y dura
Small and hard,
Pequeña y dura
Pequeña y dura

2

Bouncing up and down
Bouncing up and down
Rebotando arriba y abajo
Bouncing up and down
Rebotando rebotando
Rebotando arriba y abajo

3

Rolling down the hill,
Rolling down the hill
Rodando por la colina
Rolling down the hill
Rodando rodando
Rodando por la colina

4

It never ever stops
It never ever stops
No pueda parar
It never ever stops
It never ever stops
No pueda parar

Actions

Suggested actions and movement



Make a crazy action and a funny face, then roll arms to show rolling around on the ground.



Make a nut shape with body to by tucking head into chin and covering face with arms.



Jump up and down to the rhythm of the song.



Make rolling arms from up high to down low on a diagonal in front of body.



Wag finger to make 'never' gesture and put palm out in front of the body to show 'stops'.

You could also perform this song using a nut as a prop, bouncing it up and down and rolling it down your arm in V3 - Nuts in shells like hazelnuts are perfect for this and such a lovely sensory item to play with too!

Suggested adaptations

0 - 1yr

Enjoy a dance around with baby to this fun song. You could move their arms gently along to perform the actions, sit them on your knee, or carry them and have a little boogie together.

5



LA ARBOLEDA - THE WOOD

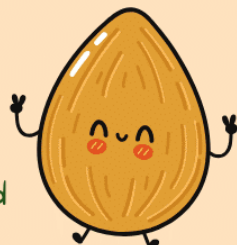


Focus word: a nut ~ una nuez (oo-nah nwehth)

Why not try...

Nut Run
~
Tobogán para nueces

- Equipment:
- Cardboard tubes
- Nuts
- Wall, window or separate board
- Masking tape



Create a marble run style 'nut run' by taping cardboard tubes onto a vertical surface. Angle the tubes and tape down with some testing first to make sure the nut doesn't bounce out. You can add extra card to the entrance of the tubes to make sure the nut follows the run correctly too.

Why not make a couple of different runs and have some races to see which nut finishes first!

This can be made as much of a spectacle as you like as a focus area within a nursery setting, or if at home, invite some friends over to play too!

EYFS
Curriculum
links

Areas of Learning

Communication & Language

Physical Development

Literacy

Understanding the World

Expressive Arts and Design

Resources required:
Nuts eg hazelnuts or conkers

Observation Opportunities



Use relevant vocabulary to a given object eg the nut is small and hard.

Develop manipulation and control when performing a series of actions.

Say some of the words in songs & rhymes - Crazy Nut, small and hard eg.

Explore the natural world by learning about nuts that fall from trees during autumn.

Enjoy & take part in action songs

