

6

This session's song



LA PLAYA - THE BEACH



Focus word: helado ~ ice-cream (eh-lah-doh)

I I Ice Cream ~ He He Helado

C

I, I , Ice cream,
He, he, Helado,
I, I , Ice cream,
He, he, Helado,

(Repeat after each verse)

1

Chocolate,
Chocolate,
Fresa,
Strawberry,
Vanilla,
Vainilla,
¿Qué sabor?
What flavour?

2

Lemon,
Limon,
Mint choc chip,
Menta,
Fudge,
Dulce de leche,
¿Qué sabor?
What flavour?

3

1, 2,
3 or 4
Uno, dos,
tres o cuatro,
How many scoops?
¿Cuántas bolas?
Would you like?
¿Te gustaría?

4

Yummy, yummy,
Ñam, ñam,
Rico, tasty
In my tum
I love ice cream,
Me gusta el helado,
Oh so tasty,
Delicioso!

Actions

Suggested actions and movement



Make a swirling ice cream action with one arm touching the other elbow and twirling the index finger around on the hand pointing up then change over.

Repeat this action after each chorus.



For each chorus, hold a pretend ice cream in one hand out to the side and change hands over on each line.



V 1 & 2
Raise one hand diagonal to the body with palm facing out and fingers spread. Bring it back in towards the body then repeat on a downwards diagonal and finally on the other side.



Hold both hands out to the side with palms facing up on the lines: ¿Qué sabor? What flavour?



V 3
Use fingers on one hand to count up the scoops then repeat ¿Qué?/What? action for end of verse.



V 4
Rub tummy with palm of the hand in the final verse to show how much you love ice cream!

Suggested adaptations

0-6mths

Enjoy a dance with baby gently turning round during the chorus and rocking from side to side during the verses. In the final verse, give their little tummy a rub

6 mths - 1 yr

Either perform the actions for baby encouraging them to copy your movements, or as above, enjoy a little dance around with them!



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Why not try...

Play-doh Ice Cream Shop
~
Heladería de Plastilina

Equipment: Brown card, small tubs, playdoh, beads, buttons, coloured wool trimmings.

1. Make some 3D cones with pieces of brown card and sellotape together.
2. Choose ice cream coloured playdoh and make scoops from balls.
3. Place on top of the cones and add some beads or buttons and wool trimmings for sprinkles.
4. Let the little ones take orders from their family and friends and enjoy some role play together making helados for everyone!



EYFS
Curriculum
links

Areas of Learning

Communication & Language

Physical Development

Literacy

Numeracy

Expressive Arts and Design

Resources required:
Space for movement

Observation Opportunities



Use a wider range of vocabulary - different flavours of ice cream and scoops.

Use large and small muscle movements to perform actions in song - wide arms and smaller wrist movements.

Enjoy songs and rhymes, tuning in and paying attention.

Take part in finger rhymes with numbers

Anticipate phrases and actions in songs when hearing repeated phrases

